Department Spotlight: Savannah Daines

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"Focus on the bigger picture. Doing well in your classes and meeting the requirements for a minor are important, but applying your learning experiences to impact how you interact everyday with the world around you is absolutely crucial." - Savannah Daines

Undergraduate student, Savannah Daines came to USU unsure about her future. She is leaving with a passion for medicine and a minor in psychology, which she says prepares her with the necessary perspectives and resources to care for a patient's unique needs as a person rather than focusing solely on outcomes for disease.

Degree: Pursuing a BS in Human Biology and Exercise Science

Why USU?
I chose USU because I was raised an Aggie. I grew up attending Aggie sporting events and spending time on campus. When it came time to decide where I would attend college, Utah State felt like home.

What brought you to our department?
When I began college I was unsure of what career path I wanted to pursue. I decided to pursue psychology courses because I thought they would be applicable to many fields, and I was also interested in why people behave and think the way they do.

Tell us the most important thing you have learned at USU:

The most important thing I’ve learned at USU was where I’m going in life. Processes of trial and error helped me dig a little deeper to uncover what I want to be, what I want to do, and whom I want to be with.

What are your future aspirations?
I discovered that my passion was in the field of medicine, and I am currently preparing to apply to medical school. I am still very interested in why people behave and think certain ways, but I am also interested in how aspects of psychology affect health, illness, and healthcare delivery.