

Measuring Mindfulness with Youth: Current Issues and Construct Validity

09/14/2021

APA's Division 16. Dr. Renshaw is currently accepting applications from prospective graduate students interested in the School Psychology PhD specialization. Students interested in joining his lab are encouraged to [contact him directly via email](#) prior to applying.

Request a copy of the recording by contacting Hillary Fruge.

The Psychology Department Colloquium Series Presents Dr. Tyler Renshaw.

"Measuring Mindfulness with Youth: Current Issues and Construct Validity"

October 12th
9:00 am
via Zoom

Join the USU Psychology Department and Dr. Tyler Renshaw for our monthly colloquium series.

Advanced registration is required.
Please register to attend here:
bit.ly/3k824X5

Emma Eccles Jones
College of Education & Human Services
UtahStateUniversity.

**October 12, 2021 at 9:00 am
via Zoom**

The Utah State Psychology Department and [Dr. Tyler Renshaw](#) present *Measuring Mindfulness with Youth: Current Issues and Construct Validity*.

Having valid measures of mindfulness is necessary for advancing a science-based approach to mindfulness-based interventions. This colloquium overviews the landscape of mindfulness measurement with youth, highlighting current issues and describing initial efforts toward establishing construct validity.

Dr. Tyler Renshaw is an Associate Professor in the Department of Psychology at Utah State University. His research aims to advance the science driving school mental health services. Current lines of inquiry include: (1) developing and validating brief behavior rating scales for measuring mental health and wellbeing, (2) developing and testing mindfulness-based interventions in schools and related settings, and (3) meta-analyzing the effects of mindfulness-based intervention approaches that may prove useful for students, teachers, and caregivers.

Dr. Renshaw degree in Combined Clinical/Counseling/ School Psychology from the University of California at Santa Barbara. He is the current Editor-in-Chief of [Assessment for Effective Intervention](#) and is a past recipient (2017) of the [Lightner Witmer Award](#) from