1. Go to your UnitedHealthcare account website and log in: [https://myaccount.uhesr.com/](https://myaccount.uhesr.com/)
2. On the right side, click on **Find Mental Health Provider**

3. Click on **United Behavioral Health** on the right to search for a local MH provider

4. Type in your **zip code** and any other key information you wish.
5. Click **Search**.
6. Browse through providers. Call the provider to confirm:
   a. That they are in-network with United Healthcare Student Resources
   b. That they offer in-person services
   c. What your co-pay will be