Emergency Preparedness

Have you considered how you should respond in an emergency? Do you have an action plan in place? What will you say when you dial 911?

**RUN**
- Communicate to those around you;
- Invite them to leave;
- Prevent others from going into unsafe areas;
- Evacuate. Even in others won’t come with you.
- Don’t spend time gathering belongings.

**HIDE**
- Only if it is unsafe, or you are unable, to escape:
  - Find a room that can be locked or barricaded with heavy items.
  - Close window blinds, turn off lights and make the area appear empty.
  - Silence your phone and remain quiet.
  - Do not open the door for anyone except the police.

**FIGHT**
- If you cannot run and you cannot hide:
  - Plan an attack, and attack as a group, if there are others in your area.
  - Find items around you to use as a weapon or throw at the aggressor.
  - Act as aggressively as possible.
  - Commit to your plan, group, and actions.

**Take the steps to create a plan:**

1. **Consider your surroundings and resources:**
   - How will you escape?
   - Where will you hide? Large, dense items can provide protection and concealment.
   - What items in your workspace can be used as weapons? (e.g. scissors or fire extinguisher)
   - Take the Run, Hide, Fight online training through USU Police.

2. **Know what will happen in an emergency:**
   - The first officers on scene will not stop to help injured persons. Do not grab the officers or hold onto them.
   - Remain calm and follow instructions from the officers. Do not point, yell or cause a disturbance.
   - Put down any items in your hands and immediately raise your hands. Keep your hands visible.
   - Evacuate out in the direction where the officers came.
   - Once you are safely evacuated, do not leave until you are instructed to do so.

3. **What if the aggressor is in a different part of campus?**
   - Secure-in-place; lock the door and stay away from windows.
   - Text loved ones to let them know you are okay.
   - Wait for instructions from the USU Police or Code Blue Alert System.