Greetings!

This past May *Time Magazine* published an issue titled “The 100 Most Influential People in the World.” Among those on the list are LeBron James, Barak Obama, Pope Frances, Supreme Court Justice Elena Kagen, Stephen Spielberg, Jennifer Lawrence, Kate Middleton, and Xi Jinping, Central Secretariat of the Communist Party of China. Perhaps one of the most inspiring to me is Malala Yousafzai, the 15-year-old Afghan girl shot by the Taliban to teach a “lesson.”

Looked at as a whole, one cannot deny that the individuals were recognizable by a large number of people. No school counselors were included though. While this was not a surprise, I want to postulate that some of the most influential people I know are school counselors. Lynette Schiess and Corianne Reynolds, two USU School Counselor Education program graduates are featured in this Newsletter. Corianne and Lynette were recognized by USCA this year for their success in changing for the better the lives of the many children and adolescents they work with. A story on Page 5 of this newsletter details the impact a school counselor had in the life of a troubled child following the suicide death of the child’s parent. A link I want to pass along will connect you to a “TED Talk” by Rosalind Wiseman on how school counselors and teachers can work together in a joint effort to create a positive school climate. Here’s the link: http://www.youtube.com/watch?v=HrUXWRHRAlk

School counselors across Utah, the US and the world have a unique and positive influence on the lives of children, adolescents and their families. You will each have your part to play in the lives of individual children and groups of students. If our profession accepts the challenge that has been at the forefront of college and career readiness efforts recently, we will each use our unique skills to prepare ALL students for post-secondary training.*

Congratulations to each of you on your accomplishments of the past academic year. Very best of luck to our December 2012 and May 2013 grads! I know many of you are starting work in your schools this week. To the 2011 cohort of forty-seven students who are starting your internships this month, a little advice: Learn all you can from your supervisors and drink deeply of their experience. Contribute in meaningful ways to the schools where you work. Second year students—you have a great few weeks off—ENJOY! To our new students beginning the program this fall, WELCOME! I will see you at our orientation on August 23.

Take care all and know that in my mind each and every school counselor is a person of extraordinary influence. If you doubt that take Joe Batten’s advice and “doubt your doubts!”

*Check out the website of the National Office for School Counselor Advocacy (NOSCA) if you haven’t done so for a while. You will be inspired and come away from the site with a wealth of information. Here is the link: http://advocacy.collegeboard.org/college-preparation-access/national-office-school-counselor-advocacy-nosca
## Important Information From Your Advisors

### Courses: Fall 2013

Here are the classes you can look forward to Fall 2013. You can register for these courses on Banner or stop in at a USU Education Center. Textbook information for Fall 2013 can be found online at: [http://bookstore2.usu.edu/textbooks.php](http://bookstore2.usu.edu/textbooks.php)

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<th>2012 Kaysville Cohort:</th>
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| **PSY 6130**: Evidence-based Practice: School Intervention  
Instructor: Marietta Veeder | **PSY 6330**: Principles of Psychological Measurement and Test Theory  
Instructor: David Bush |
| **PSY 6290**: Diversity Issues in Treatment and Assessment  
Instructor: Jenna Glover | **PSY 6530**: Development Psychology: Lifespan  
Instructor: Camille Odell |
| 4:30 pm — 10:00 pm  
August 27-December 13 | 5:15 pm — 10:30 pm  
August 27-December 13 |

### 2011 Statewide Internship Students

**PSY 6250**: Internship in School Counseling and Guidance  
Instructor: Onsite Supervision and Carolyn Barcus, USU Internship Liaison

*Thank you so much to all the students that were able to submit their AmeriCorps packets within such strict confines. We are delighted that you will have this opportunity to participate in a Nationwide service program. Once AmeriCorps is finished approving your packets, they will send you an email with directions about obtaining access to login to the website to log your hours. This will take a few weeks, so be sure to keep track if your hours in the meantime.*

*INTERNESHIP: You may begin to accrue hours on August 1. **IMPORTANT**: You must fill out the contract with your supervisor’s input, sign and date it yourself and have your supervisor sign it during the first two weeks you are accruing hours. You will submit it via Canvas during the first week of the semester, which begins on August 26.*

Good luck and enjoy internship! Please contact one of our advisors, Dr. Barcus or Camille Odell if you have any questions.
USU Graduates Earn 2013 Top Awards!

Every year the Utah School Counselor Association (USCA) selects winners from among those that have been nominated by their peers to receive recognition as some of the best School Counselors in the State of Utah. This year two of the top awards went to graduates from our program. We wish to highlight their accomplishments and say CONGRATULATIONS!

The success of our graduates is what makes this program great!

Junior High Honorable Mention
Corianne Reynolds—Kearns

“Corianne is one of the most outstanding employees I’ve had the opportunity to work with; she goes beyond the expectations of the position.”

-Kandace Barber

Corianne is excited to be part of a school culture and staff that emphasizes success and achievement. Their motto is “Success is the Only Option”. She strives to work daily to achieve success through RTI implementation, intervention programs, guidance curriculum, and individual meetings. She has enjoyed the opportunity to embrace a leadership role in developing and implementing programs for student success.

Rookie Counselor of the Year
Lynette Schiess—Wasatch Elementary

“Lynette has had a significant impact on the lives of the students at JR Smith.”

-Holly Todd

Lynette works at J.R. Smith Elementary in Wasatch School District. Lynette has a great understanding of the Comprehensive Counseling and Guidance Program and how it looks at the elementary level. She recognizes the value of the classroom guidance lessons, as well as the time spent with individuals and small group services. In other words, she is concerned about the whole child and his/her progress academically, socially and emotionally, toward being college and career ready.
Student Spotlight: Liz Anselmo
2011 Distance Cohort

Tell us a little about you- ie, your family, favorite things to do, something interesting about you. I am 24 years old and married, with a dog on the way. I have been attending the Orem extension for the last 2 years, and I am moving to Philadelphia very shortly. Something interesting about me is that I can school my husband in basketball any day of the week, and twice on Sundays.

Why did you decide to do the School Counseling Program? There are so many things that I like to do. I mostly like doing things with my little sister and my roommates. I recently tried snowshoeing and I love it! During the summer I like to go on hikes and go on mini-adventures. I like to slack-line, do yoga, sing some old time tunes, trying new things and spending time with friends.

What are you post-graduation plans? I am doing my internship with a high school in Pennsylvania, and I am really hoping to get a job out of it. If not, my preference is actually middle school/junior high school.

What is some advice you would give to incoming students? Start building connections with school counselors, administrators, registrars, etc, in your community NOW. Volunteer at schools; shadow counselors; build relationships. You’ll be so happy you did this once it comes time to start your practicum and internship. If you want to find a great practicum and a paid internship, networking is a BIG factor.

Faculty Spotlight: Tom Wiltbank
Psychology 6340—Consultation in the Schools

What is your favorite thing about teaching in the SCEP? Relationships I build with professionals that are also teaching with USU as well as building a relationship with future colleagues.

What sage advice do you have for those students just starting the program? How about those about to graduate? To both, "Have Fun!" You have to enjoy what you are doing right now. Have fun with the students in your class, your instructors and the counselors around you. The more fun you have the better your life will be. People will remember your attitude, good or bad.

What is your favorite thing to do outside of work? Play with my kids. I have 6 wonderful children ages 2-19. I also love to hang out with my wife of 21 years.

Who or what has made the biggest impact on your career so far? Many people have helped shape my career, but the person that has made the biggest impact on me was Dolores Larsen. She was a Counselor at Lakeridge Jr. when I got my first "real" job. She loved the kids, She loved the faculty. She loved the people she worked with. Everything she did was to help others do better. She was tough to follow, but an inspiration to try to become like her.

If you could have lunch with anyone from history who would it be? Nelson Mandela, Mahatma Ghandi, Mother Teresa, Viktor Frankl, and Jesus Christ. Could you imagine the conversation on how to help improve the condition of people in the world. The concepts of peace. What an amazing opportunity it is just to think about.
Rosie was an 8 year old, dark-haired, small girl who appeared happy most days. But one day, she lingered after reading group and seemed a bit worried. I asked her what she needed. “If you kill yourself, do you go to Hell?” I wondered where this question had come from. “Well, tell me why you ask,” I replied. Rosie began to tell me of the day her daddy died. As she spoke, I felt she was searching for reassurance that even though her dad had taken his own life, he was okay. I explained to her that her dad must have been very sad and maybe even sick and scared. Surely, her God would know of these problems, and would also know the good things about her dad, and that he had wonderful children and had tried to be a good man. She was visibly pleased by that answer. We continued to talk about memories she had of her dad and of the good times they shared together. While some may not have handled the situation in this manner, it seemed to work. This incident made me realize that children have many hurts that need to be addressed. Parents and teachers sometimes think that the less said, the better. One of the things I appreciate about my job is being able to give children the freedom to speak about feelings and life experiences. When the heart becomes too full of unspoken sadness, children become isolated and depressed. School counselors are in a perfect position to have a positive impact on a school community in this way. I will always believe Rosie was one of the reasons I decided to become a counselor, and to this day, I am grateful for my connection with her.

-Donnie Megison, Elementary School Counselor, Louisiana
Thank you, Meg!

We would like to take a moment to say a big thank you to our program advisor, Meg Harrell. She is a graduate of our program and has been working in our office since December 2012. She has been an excellent advisor and AmeriCorps coordinator. She will be moving to work as a school counselor at the Salt Lake School for the Performing Arts. We wish Meg the best of luck!

“Treat people as if they were what they ought to be, and you help them become what they are capable of becoming.”  -Goethe

Contact Information
Alex Spendlove:
alexspendlovesc@gmail.com
Rachel Peterson:
rachelpetersonsc@gmail.com
Advising Office Phone:
435-797-1466